



BRITISH SAFETY SERVICES

The CITB-ConstructionSkills Health and Safety Awareness Course

Course Aims

This course has been designed to meet the needs of site operatives such as ground workers, labourers etc who are required to work on construction sites. The course aims to highlight the common hazards and the necessary behaviours in order to minimise the risk to both themselves and others whilst on site.

It develops an understanding and knowledge of what is required of them with reference to Health and Safety while working on a construction site.

Course Objectives

Upon completion of this course, candidates will be able to:

- * Understand the need for accident prevention;
- * Understand the basic legal system;
- * Identify their role within the control and management of the site;
- * Understand the need for risk assessments and method statements;
- * Appreciate the need to perform safely and to stop and seek advice if not sure;
- * Feel obliged to report unsafe acts to prevent an accident.

Syllabus

The main areas covered by the syllabus are:

- Health and Safety at Work Related Legislation
- Accident Reporting and Emergency Procedures
- Accident Prevention
- Health and Hygiene
- Manual Handling
- Working at Heights
- Working with Electricity, Underground/Overhead Cables and other Services

- Use of Hand Held Equipment and Tools
- Personal Protective Equipment
- Safe use of Vehicles
- Noise and Vibration
- Fire Prevention
- Excavations and Confined Spaces
- The Control of Substances Hazardous to Health

Course Details

Timetable:

0900-1230 and 1300-1700

Duration:

1 day.

Venue:

Either at our training centre in Aston, Birmingham, or alternatively, if more convenient, the course can be held at a suitable venue provided by the client. To include flip chart, OHP and screen, TV and VCR.

The maximum number of delegates is 20 per course.

Handout:

Each candidate receives a copy of the CITB document GE 707 Safe Start handbook.

Assessment

The method of assessment will be by 25 question, multiple-choice examination and lecturer review. It is anticipated that successful candidates would then proceed to do their CSCS touch screen test after this course, where required..

Successful candidates will be awarded the CITB Health and Safety Awareness Certificate.

Who are BSS?

British Safety Services are major suppliers of training in the field of occupational safety and health both in the UK and abroad. The current programme includes:

- * NEBOSH Diploma Part 1 courses
- * NEBOSH National Construction Certificate courses
- * NEBOSH National General Certificate courses